StepUp to Health Challenge

Participant Step Log

		Mon.	Tue.	Wed.	Thurs.	Friday	Sat.	Sun.	**Total Steps**
Week 1	Reg. Steps								
	Bonus								
	Total								
Week 2	Reg. Steps								
	Bonus								
	Total								
Week 3	Reg. Steps								
	Bonus								
	Total								
Week 4	Reg. Steps								
	Bonus								
	Total								
Week 5	Reg. Steps								
	Bonus								
	Total								
Week 6	Reg. Steps								
	Bonus								
	Total								
Week 7	Reg. Steps								
	Bonus								
	Total								
Week 8	Reg. Steps								
	Bonus								
	Total								
Week 9	Reg. Steps								
	Bonus								
	Total								
Week 10	Reg. Steps								
	Bonus								
	Total								
Week 11	Reg. Steps								
	Bonus								
	Total								
Week 12	Reg. Steps								
	Bonus								
	Total								